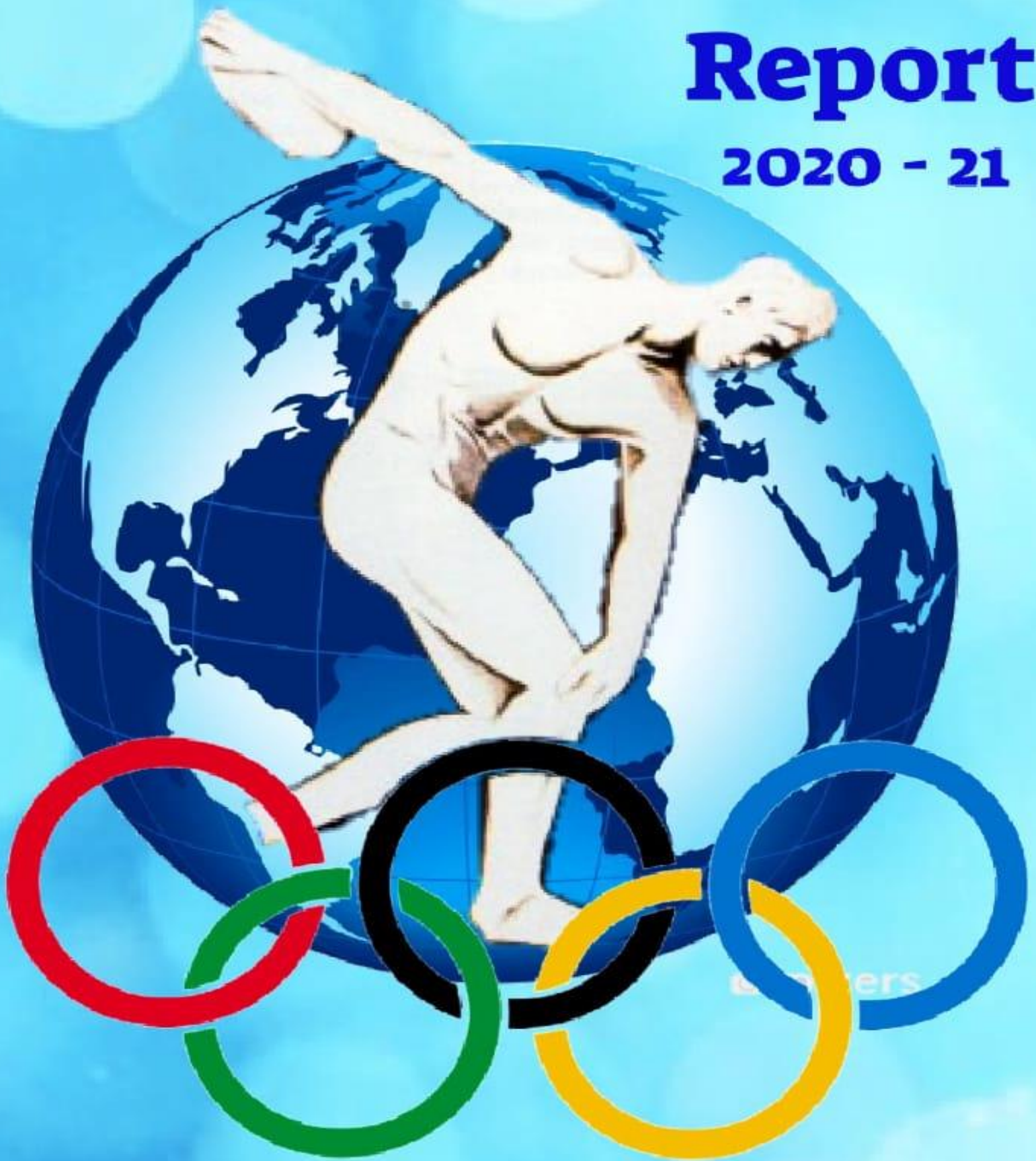


Report

2020 - 21



Thiruvananthapuram District
Olympic Association



Stadium in [Olympia, Greece](#)

Olympics

The modern Olympic Games or Olympics (French: Jeux olympiques) are leading international sporting events featuring summer and winter sports competitions in which thousands of athletes from around the world participate in a variety of competitions. The Olympic Games are considered the world's foremost sports competition with more than 200 nations participating. The Olympic Games are normally held every four years, alternating between the Summer and Winter Olympics every two years in the four-year period.

The Olympic Movement uses symbols to represent the ideals embodied in the Olympic Charter. The Olympic symbol, better known as the Olympic rings, consists of five intertwined rings and represents the unity of the five inhabited continents (Africa, the Americas (when considered one continent), Asia, Europe, and Oceania). The coloured version of the rings—blue, yellow, black, green, and red—over a white field forms the Olympic flag. These colours were chosen because every nation had at least one of them on its national flag. The flag was adopted in 1914 but flown for the first time only at the 1920 Summer Olympics in Antwerp, Belgium.

The Olympic motto, Citius, Altius, Fortius, a Latin expression meaning "Faster, Higher, Stronger" was proposed by Pierre de Coubertin in 1894 and has been official since 1924. The motto was coined by Coubertin's friend, the Dominican priest Henri Didon OP, for a Paris youth gathering of Coubertin's Olympic ideals are expressed in the Olympic creed:

The most important thing in the Olympic Games is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered but to have fought well.



TDOA



Thiruvananthapuram District Olympic Association

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Registration:

Societies Registration
Rg. No : TVM/TC/349/2021

Olympic Wave Thiruvananthapuram

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Annual Report 2020-2021

Thiruvananthapuram District Olympic Association was formed and existed as an ad-hoc committee with Mr. K S Balagopal as the Chairman and Mr. R. Ayyappan as the Convener. From the starting itself so many innovative ideas were taken into consideration to reach out the idea of importance of sports to public and to make Thiruvananthapuram District Olympic Association .

Pandemic Situation

The year 2020-21 was challenging for all of us and whole world due Covid 19 pandemic. Covid-19 has upended societies and dramatically altered everyday life across the globe. Our present circumstances have been profoundly shaped by persistent societal realities. The spread of the novel corona virus across the globe is posing an enormous public health and economic crisis; similarly, it is a crisis of, for governance and Management of Sporting activities too. Most major sporting events at international, regional and national levels have been cancelled or postponed. The Olympics and Paralympics, for the first time in the history of the modern games , have been postponed, and will be held in 2021 due to a pandemic. The closure of education institutions around the world has also impacted the sports education and training sector, which comprise a broad range of stakeholders, including public and private education institutions, sports organizations etc Many individuals are therefore not able to actively participate in their regular individual or group sporting or physical activities outside of their homes. This led them to under performance and irregular work out patterns as well as worse diets, resulting in weight gain and loss of physical fitness. The COVID-19 will continue to have very considerable effects on the sporting world as well as on the physical and mental well-being of people around the world.



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Office Bearers of TDOA

Sl No.	Post	Candidate
1	President	K S Balagopal
2	Secretary General	Ayyappan R
3	Honorary Treasurer	Ramachandran Nair
4	Senior Vice President	S S Sudheer
5	Vice President	Aji B
6	Vice President	Sudheeshkumar
7	Vice President	Dr.Manojan
8	Vice President	Nazar A
9	Vice President	Rani Mohandas
10	Vice President	Viju Varma
11	Vice President	Sampath
12	Honorary Joint Secretary	Manoj G R
13	Honorary Joint Secretary	Madhu
14	Honorary Joint Secretary	K Surendran
15	Honorary Joint Secretary	Jude Antony
16	Honorary Joint Secretary	Rosemary
17	Honorary Joint Secretary	
18	Executive Member	Manoj Xaviour
19	Executive Member	Susilkumar
20	Executive Member	Raveendran Nair
21	Executive Member	Biju B Soman
22	Executive Member	K I Gopalakrishnapillai
23	Executive Member	Sanafer
24	Executive Member	S S Sunil
25	Executive Member	K S Narendran Nair

Nominees.

Sri. K S Balagopal, Kerala Olympic Association
Sri. Ayyappan.R, Kerala Olympic Association



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II. MEMBER

Thiruvananthapuram District Olympic Association have Affiliated Twenty nine (29) member units.

- 1 Athletics Association
- 2 Aquatic Association
- 3 Archery Association
- 4 Badminton (Shuttle) Association
- 5 Basketball Association
- 6 Amateur Boxing Association
- 7 Cycling Association
- 8 Football Association
- 9 Golf Federation
- 10 Gymnastics Association
- 11 Hockey Association
- 12 Judo Association
- 13 Kayaking & Canoeing Association
- 14 Kho Kho Association
- 15 Netball Association
- 16 Rugby Association
- 17 Squash Rackets Association
- 18 Taekwondo Association
- 19 Triathlon Association
- 20 Tennis Association
- 21 Table Tennis Association
- 22 Volleyball Association
- 23 Wrestling Association
- 24 Wushu Association
- 25 Weightlifting Association
- 26 Karate Association
- 27 Handball Association
- 28 Kabaddi Association
- 29 Ice Hockey



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OLYMPIC WAVE- TRIVANDRUM (MONITORING COMMITTEE MEMBERS LIST)

SL: NO	DESIGNATION		NAME AND ADDRESS
1	CHIEF PATRON		SHRI . JACOB PUNNOOSE
2	PATRONS	1	SRI. SREE KUMAR. K (MAYOR TVM)
		2	SHRI. BALA GOPAL (TDOA CHAIRMAN)
		3	SHRI S. S SUDHEER (PRESIDENT, DISTRICT SPORTS COUNCIL)
		4	SHRI. SUJATHAN (BENOY MARBLES)
		5	DR. G. KISHORE (PRINCIPAL , SAI LNCPE)
3	CHAIRMAN		SHRI . THOMAS (DELTA)
4	VICE CHAIRMAN	1	MR. SAJI (MALAYALA MANORAMA)
		2	DR. K.MANOJ (GOKULAM MEDICAL COLLEGE)
		3	MR. RAJEEV PUTHALATH
		4	MR. ANIL KUMAR
5	GENERAL CONVENER		MR. P. S. PRASANTH
6	LIAISON CO-ORDINATOR		SHRI. AYYAPPAN (TDOA CONVENER)
7	CONVENERS	1	SHRI. SATHEESAN. B
		2	MR. JAYA KUMAR (TOWN PLANER)
		3	MR. FAIZAL KHAN (NIMS HOSPITAL)
		4	MR. BIJU JACOB (PTC)
		5	MR. SREE KUMAR (MEDICAL COLLEGE)
8	CO-ORDINATOR		MR. MUKUNDAN. V
9	TECHNICAL COMMITTEE CONVENER		MR. FAIZAL KHAN (NIMS HOSPITAL)
10	EXECUTIVE MEMBERS -2 WOMEN	1	MISS. SHOBHA VISWANATHAN
		2	MR. BABUJI
		3	ADV: AJITH KUMAR
		4	MR. VIPIN WILFRED (ELECTRICITY)
11	WOMENS SUB COMMITTEE CHAIRPERSON		
12	TECHNICAL COMMITTEE	1	DR. JAYA KUMAR
		2	DR. AJU OOMMEN



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III. Working Area

Thiruvananthapuram District Olympic Association is the recognized body to Manage, Control and administers the Sport in the Thiruvananthapuram District.

IV. Meetings

During the period of 2020 – 2021 Thiruvananthapuram District Olympic Association has conducted 4 General Council Meeting and 3 Executive Council Meeting.

Olympic Day Celebration 2020 & office inauguration

The 2020 International Olympic Day celebration is truly global in nature, as it is being held entirely online due to the COVID-19 induced lockdown. 'Stay home, stay strong and stay healthy' is the motto of this year's International Olympics Day. National Olympic committees around the world are getting creative with their efforts around this day. Along with them, the State Olympic Associations are also doing their best to make the day indelible, within the limits. In that, the position of Kerala Olympic Association is really remarkable.

This Olympic Day was very much Special for Trivandrum District Olympic Association in all aspects. It was a proud moment for TDOA. The long time dream, ie, an office for TDOA, came to be real. The office of TDOA was inaugurated on the same day.

The office inauguration was done by Kerala Olympic Association President, Sri. Sunil Kumar at the occasion of inaugural function of TDOA's Olympic Day Celebrations 2020. The function was organized by following all the guidelines of Government. Maintained social distancing and took all the safety measures. Keeping in mind the Covid-19 situation, we decided to keep it low profile as big gatherings are not allowed. And it is important for all of us to follow these things.

Only 15 people participated in the function including KOA and TDOA officials and other staffs.



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Honourable President, Secretary and Treasurer of KOA was present at the function.

The function was started at 09.00 am. Welcome speech was delivered by Mr. Ayyappan, Convener of TDOA. the Chairman of TDOA, Sri. K.S. Balagopal chaired the function. The inauguration of Trivandrum District Olympic Day was done by the Chairman and others by lighting the lamp. The flag flashing for the rally was done by Hon. Secretary of KOA, Mr. Rajiv. He presented a very wonderful speech on the importance of the day and the efforts taking by TDOA. Then the Olympic Day T-Shirt distribution was inaugurated by Sri. S. Ranjith, Hon. Treasurer of TDOA. He inaugurated it by giving a T-Shirt to Mr. Narendran, Executive member of TDOA. Olympic day mask distribution was inaugurated by Sri. ReghuChandran, Vice-President of KOA and Executive member of TDOA. He inaugurated it by giving a mask to Mr. Sudhir.S. S, Hon. President of District Sports Council. The inauguration of distribution of caps with Olympic Day logo was done by Mr.Sudhir S. S by giving a cap to Mr. Ananthakumar, the Executive member of TDOA.

The flag hosting for the Olympic Day Celebrations was done by Mr. Sunil Kumar, President of KOA. After the inauguration of Olympic Day Celebrations, it was the time for office inauguration of TDOA. Hon. President of KOA, Mr. Sunil Kumar done the inauguration. The event was unfolded by lighting the lamp.

After the inauguration the guests were given sweets. Then they had a discussion on some random topics. Then the function was dispersed with the vote of thanks by Mr. Narendran, Executive member of TDOA. The inauguration session of International Olympic Day Celebration went very well, than expected. But it can't be made complete with out the presence of Sports Associations. As per the instructions of KOA and TDOA Sports Associations in Trivandrum conducted rally and other programs on the day. 17 Association participated in the Olympic Day Programs. Even though there were only few Associations which cooperated with us, the work they did was very much appreciable. They performed a substantiable role in making that day unique. They did their finest they can, within the



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limits. For the rally and mask distribution programs, we distributed flags, jerseys, caps and mask with Olympic logo for them.

- **Summer Coaching camp 2020**

As a starting, we've decided to organize a summer coaching camp for students with the support of DSAs. To discuss with DSAs on regard of this matter individual meetings were conducted with the representatives of DSAs . Few of the DSAs was unable to take part in the meeting. From this meeting we collected the details of the places where DSAs were willing to conduct their camps. But soon lockdown came into effect and was not able to conduct the camps.

- **Olympic Chairs from Schools & Colleges**

With the aim of bringing the idea of Olympics and importance of sports among students in Schools and Colleges , “ Olympic Chair” idea was introduced. As per this, a teacher and a student representative will be selected from the institutions who will represent Olympic Association in the school. It will be easy to execute and implement our decisions in that institutions. As part of this, we've contacted 100+ schools and colleges (most of them were closed) and informed the same. Many institutions showed their support. Some institutions sent the names and details of Olympic Chairs through mail.

- **Contribution and Support to Trivandrum Archery Association**

Our mission has been to stand as a pillar of support to all the DSAs in Trivandrum. As part of that mission Hon. President of TDOA , Mr. K S Balagopal donated Rs. 50,000 to Trivandrum Archery Association to buy track suites for children, since their budget to go for the meet was already stretched. This kind of non profit generous support makes possible for our organization to exist with all their support.

- **Stay Fit**

Stay Fit is an online physical fitness and sports awareness program by KOA in association with SAI-LNCP. It is a program launched for students of CBSE, ICSE, KV and JNV schools across the state



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. It was launched owing to the realisation that sports education has a major role in the overall development of children. Since the pandemic had disrupted sports training in schools, KOA decided to use the online mode to ensure uninterrupted physical activity. For the effective implementation of the program an Executive committee was formed in Trivandrum. It consisted of efficient personalities like Mr. Satheesh Kumar, Mrs. Shiny Mathew and Mr. Jayasankar Prasad . With their support and our hardwork we were able to bring out the active participation of students in Trivandrum. We were frequently communicating with the Principals and PT faculties of institutions. We started a whatsapp group in which the Stay Fit classes will be posted. And we received the videos of children practising the Stay Fit classes. Frequent zoom meetings were conducted to record the suggestions and feedbacks of schools. Stay Fit yoga classes were also effective.

• Olympic Wave

Olympic Wave is a program launched with the aim of creating awareness among the common people about Sports and physical fitness. The ultimate aim of this program is to make public physically efficient. This program aims mainly on adults who are sitting in home idly after retirement. For the efficient organization an executive council was formed in Trivandrum with Mr. Jacob Ponnus IPS as the chief patron and Mr. V. Mukundan as the general convener and which will be headed by TDOA. Frequent meetings were conducted on this regard. Mini TDOA office was set up at Museum and Kanaka kunnu in Trivandrum. A total of 378 members registered for the campaign. So many others registered through Olympic Wave online registration portal.

• TDOA Election

The committee for 2021-2024 years was elected . The members were unanimously elected and results were declared on 22.03.2021. The newly elected committee consist of 25 members which were nominated from various DSAs , with Mr. K S Balagopal as the President, Mr. R Ayyappan as the Honorary Secretary, Mr. Sudhir S S as the Senior Vice- President and Mr. C. Ramachandran Nair as Treasurer.

• General Council meeting of TDOA newly elected committee

Thiruvananthapuram District Olympic Association Executive Council & General Council meeting of newly elected TDOA members was on 22.03.2021. The members were unanimously elected and the results were also declared on the same day. The meeting was held at Hotel White Dammar, Pappanamcode, Trivandrum. KOA officials, the elected members and the members from DSAs were present. Mr. K S Balagopal, President of TDOA chaired the function. Mr. V. Sunil Kumar, President of KOA were the chief guest.



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Conclusion:

Even in this difficult period of pandemic, our President Sri. K S Balagopal motivated the member by giving them instructions regarding the promotion of the sports. The leadership of our President was impetus for the successful functioning of Thiruvananthapuram District Olympic Association.

Thiruvananthapuram District Olympic Association takes this opportunity to thank Kerala Olympic Association for their wholehearted support for the promotion of sports in the district. Thiruvananthapuram District Olympic Association is thankful to the Government of Kerala for its budgetary support for the upliftment of sports in the State. We thank its President, Secretary and all board members for their support.

We thank all members of our affiliated units, Players, Coaches, Umpires and Technical Officials for the support rendered to us for the functioning of our Association for the year 2020-21.

K S Balagopal
President

R. Ayyappan
Secretary

Thiruvanthapuram

31-03-2021

We promise to take part in these Olympic Games, respecting and abiding by the rules and in the spirit of fair play. We all commit ourselves to sport without doping and cheating. We do this, for the glory of sport, for the honour of our teams and in respect for the Fundamental Principles of Olympism.